

# 1 OUR HISTORY

Our experience is born in 1994 in Rome.

In those years Dr. Giovanni Ippolito was an instructor of swimming and comes into contact with the world of the autism. It knows a little boy that suffered from this uneasiness and it decides to not only interest himself in the matter enrolling himself in psychology but participating in numerous courses of formation on the autism. The swimming pool in Rome offers its availability to be able to follow autistic boys. The first experimentations and first collaborations are born with the associations of parents. In the meantime it is constituted to St. Giovanni Rotondo the association the "Cireneo", center of listening, center of reception, of prayer and diurnal center for disabled. In 1999 he is written and stamped the fable "Calimero and the special friend", a didactic fable of G. and S. Ippolito and M. Gambatesa, R. Militerni, B. Schettini, illustrated with sketches of Pagot, besides very beautiful, thought for the children of the elementary school, but with a proper content and profit to people of every age and culture.

In the 2000 the dott. Ippolito enrolled him in the University of the Studies in Naples faculty of psychology, meets a group of young students and decides to build with them the same run that had built in Rome with his children with autistic trouble. He contacts the associations of parents and he explains them the intentions to create in Naples and Caserta a group of young psychologists and operating social able to answer to the demands of the single families.

It seems that this idea was really what our region missed it and that is a group of operators in harmony and young able to experiment together with the families various ideas and projects.

To Caserta we find great solidarity from the town swimming pool "F. Dennerlein" under the management of the "Assonuoto Club Caserta" whose responsible are Nicola De Luca and Ida Rossi.

In the 2000 the "Assonuoto Club Caserta" otherwise opens free his doors to the skilled children and succeeds in doing it with such a sensibility and spontaneity that since immediately the skilled boys otherwise they become integral part of the whole structure.

Activity is developed by two young students Giovanni Caputo and Paolo Maietta both super examined from Giovanni Ippolito, the initial intent it was that to integrate the autistic children in the normal lessons of swimming. Even if this objective could be very simple to be effected, we could surely say today, that, without the sensibility of Nicola De Luca then President and Ida Rossi the person responsible of the activities, our intent would be bankrupt.

During the years children that we followed grew notably and also not having a solid theory through our knowledge and the innumerable courses of formation our children

they improved their swimming abilities and report them. The parents told that they would never have believed that their own child would have reached these results.

After two years of intense activity introduces him the necessity to create a method with solid theoretical bases and with invented techniques to hoc. It is born so the idea of the T.M.A. in the meantime dott. Paolo Maietta and Dr. Giovanni Caputo decide to attend the school of Cognitive Psychotherapy in Naples and Dr. Giovanni Ippolito the school of Systemic Report Psychotherapy of Caserta. The two schools even if they gave different formations in the meetings of supervision and reflection they brought to common and sharing conceptions, at times those differences of thought became some moments of sharing grow.

It is here that it begins the experimentation.

To Caserta of the 15 children that have begun the therapy multisystemic in water with an inclusive age between the 2 years and a half and the 20 years all with autistic trouble, today 7 frequent the normal lessons of swimming without the aid of the therapist and integrating himself to full in the structure and in the activities of the swimming pool. The rest of the boys have gotten notable improvements in the shared attention, in the socialization, in the listening and sharing of the rules, diminution of the dissociative states and of the stereotyped behaviors. All the subjects that showed a notable self and hetero aggressiveness have decreased such behaviors, up to the total disappearance in the space water, not all the subjects have decreased such attitudes to house.

The application of T.M.A. many outcomes and we decide to teach to other social worker.

We wanted to test that this therapy could work with other social worker, psychologists, swimming instructors. By a preliminary examination our hypothesis is right.

In 2008 was published the book "la Terapia Multisistemica in Acqua", a popular work about the multisystemic therapy in water, edited by " Franco Angeli".

Since then we are organizing training courses in Italy to teach the treatment